

2017 MPA BASEBALL BULLETIN

(updated 4/26/17)

BASEBALL SEASON

March 20, 2017	Pitcher / Catcher Conditioning (no limit on number)
March 27, 2017	First Practice
April 13, 2017	First Countable Game (after 3:00pm)
May 31, 2017	Last Countable Scheduled Game
June 1 – June 7	On-line Sportsmanship Voting
June 6, 2017	Regional Prelim Games
June 8, 2017	Regional Quarter-Final Games
June 10, 2017	Regional Semi-Final Games
June 13-14, 2017	Regional Final Games (MPA site and responsibility)
June 17, 2017	State Championship Games

*The purpose of the additional week of arm conditioning for pitchers and catchers is to allow those athletes to begin a conditioning program that will help to begin to build a base and reduce early season arm injuries. Schools may determine who those pitchers and catchers may be, not setting a limit of 8 pitchers and 2 catchers.

The week of conditioning should be a comprehensive program that involves the following components:

Stretching – Proper stretching of the entire body, allowing for preparation of proper mechanics, is crucial. Flexibility and balance are important components of the program.

Strengthening – A throwing program should be progressive and should begin to build a base that athletes will develop throughout the season.

Cardio – Aerobic training designed to build full body endurance to prevent fatigue and overuse injuries is an important component. Recommendation include 20-40 minutes (biking, elliptical, treadmill) three times during the week.

Recovery – Pitchers should be throwing no more than 3-4 times during the week and should be provided the proper amount of rest that allows the arm to recover.

This week of arm conditioning is **not** intended to be an additional week of preseason practice. Below is a list that includes, but may not be limited to, activities that are prohibited during the week.

- No bats, including fungo bats
- No defensive drills related to positional play
- No pick off drills
- No blocking drills
- No base coverage drills
- No footwork drills, other than proper mechanics for pitchers and catchers
- No live stand-in batters
- No simulations

MANDATORY CLINICS –

Thursday, March 16, 2017

5:00pm

Gorham Middle School

Host Sites

Belfast High School

Ft. Fairfield High School

Hampden Academy

MDI High School

Oxford Hills High School

So. Aroostook Community School

Sunday, March 19, 2017

1:00pm

Gorham Middle School

Host Sites

Houlton High School

Madawaska High School

Monmouth Academy

Richmond High School

Valley High School

Woodland High School

WEATHER CONDITIONS

The safety of athletes (*participants*), spectators, coaches/directors, school personnel, and all others present at an athletic contest must be the first and foremost concern to the contest officials and building administrators.

1. When an interscholastic contest has been scheduled and dangerous playing conditions exist or severe weather is anticipated, the following should be considered:
 - a. Prior to beginning an athletic contest, when severe weather is anticipated, the head contest official and the principals of each school, or their designees, will meet to review the suspension and/or postponement procedures. This would include any playing rule book coverage.
 - b. The host school administrator will be responsible for informing contest officials, visiting school administrators and, if applicable, the individual responsible for public address announcements of designated shelter areas.
 - c. When lightning is observed or thunder is heard in the vicinity of a contest conducted outdoors, play should be suspended.
 - d. If any other life-threatening condition occurs, play should be suspended immediately, and predetermined directions to safe locations will be announced.
2. When a suspension of a contest occurs, the following should be considered:
 - a. If the suspension is forty-five minutes or greater, resuming at a later date should be considered.
 - b. Play shall not be resumed until **30 minutes** after the last flash of lightning or clap of thunder.
 - c. When it appears that weather conditions are no longer a threat to the safety of participants, spectators, or contest officials, administrators from all schools involved will meet with the head contest official to determine if play will continue.
 - d. If play is to be resumed, contestants will be given at least a fifteen-minute warm-up period prior to competition.
3. If evacuation is necessary, the following should be considered:

- a. If lightning is imminent or a thunderstorm is approaching, all personnel, athletes and spectators should evacuate to available safe structures or shelters. A list of the closest safe structures should be announced.
- b. All personnel, athletes and spectators should be clearly informed of available safe structures or shelters in the event a thunderstorm approaches. A list of the closest safe structures should be announced. The person in authority must be aware of the amount of time it takes to get to each structure and the number of persons each structure can safely hold. For large events, time needed for evacuation is increased and there must be a method (i.e., announcement over loud speaker) for communicating the need for evacuation and directing both athletes and spectators to the appropriate safe shelters.
- c. The most ideal structure is a fully enclosed, substantial building with plumbing, electrical wiring and telephone service, which aids in grounding the structure. A fully enclosed automobile with a hard metal roof and rolled up windows is also a reasonable choice. School buses are an excellent lightning shelter that can be utilized for large groups of people. However, it is important to avoid contact with any metal while inside the vehicle.

Avoid using shower facilities for safe shelter and do not use showers or plumbing facilities during a thunderstorm as the current from a local lightning strike can enter the building via the plumbing pipelines or electrical connections. It is also considered unsafe to stand near utilities, use corded telephones or headsets during a thunderstorm, due to the danger of electrical current traveling through the telephone line. Cellular and cordless telephones are considered reasonably safe and can be used to summon help during a thunderstorm.

When caught in a thunderstorm without availability or time to reach safe structures, you can minimize the risk of lightning-related injury by following a few basic guidelines:

- Avoid being the highest object. Seek a thick grove of small trees or bushes surrounded by taller trees or a dry ditch.
- Avoid contact with anything that would be attractive to lightning. Stay away from freestanding trees, poles, antennas, towers, bleachers, baseball dugouts, metal fences, standing pools of water, and golf carts.
- Crouch down with legs together, the weight on the balls of the feet, arms wrapped around knees, and head down with ears covered.

BONA FIDE TEAM RULE

A member of a school team is a student athlete who is regularly present for and actively participates in team practices and competitions. Bona fide members of a school team are prevented from missing high school practice or competition to compete or practice elsewhere.

- * A single waiver per student athlete per sport season may be granted by the principal on a case-by-case basis for extraordinary circumstances. (e.g. If a student/athlete were invited to participate in a prestigious weekend event then a waiver may be granted. If a student/athlete were invited to participate in a nationally recognized tournament over a school vacation then **that** waiver may

be granted for that activity. If a student requests to miss practice every Friday because he/she is receiving specialized coaching from an outside team/coach, then a waiver should not be granted **because it violates the spirit and intent of the rule.**)

** This policy is not intended to restrict dual sport participation in schools that allow dual participation.

*** Penalty for violation of this policy:

1 st Violation	Suspension from play for one game/contest
2 nd Violation	Removal from team for remainder of season

(Effective Date: 2011 Fall Sport Season)

RULES

The National Federation rules for baseball will be used as well as the MPA adoptions, exceptions, and additions listed below in all regular season and post-season games.

1. All notes in the rule book relative to state adoption are not adopted except Rule 4, Section 2, Article 2. MPA has adopted the rule which terminates a game when a team, after five and one-half innings is ten runs ahead in baseball for J.V or 9th grade games. This rule may NOT be waived for J.V or 9th grade games.
2. At the varsity level, games will be terminated at 4 1/2 innings or 5 innings depending on who is ahead by ten runs during the regular season; however, coaches have the option to waive the ten-run rule by mutual consent during the pre-game meeting. NOTE: THE TEN-RUN RULE IS IN EFFECT DURING REGIONAL AND STATE TOURNAMENT COMPETITION.
3. Games called for darkness, weather conditions, or any other reason and is an official game (five innings or 4 1/2 with home team ahead) if tied shall be recorded as a tie; if less than official game, it shall be replayed in its entirety. There will be no tie games in tournament competition. Tie games in tournament competition must be replayed in their entirety.
4. Maine has no protest rule or option. If a rule interpretation or application is in question, the issue must be discussed and resolved before resumption of play. Coaches raising a question must have a rule book and/or bulletin in their possession and make specific reference to the rule at issue.
5. **BASEBALL PITCHING RULE** -- The Baseball Committee has adopted the following pitching limitation rule. Violations of this rule results in the forfeiture of the game for the use of an ineligible player. (Adopted 8/90, Revised 6/96, 6/97, 11/17)

Varsity Pitchers

Maximum pitches one day	110
• 1-20 pitches	0 days rest
• 21-39 pitches	1 day rest
• 40-65 pitches	2 days rest
• 66-95 pitches	3 days rest

- 96-110 pitches 4 days rest

Sub-varsity Pitchers

Maximum pitches one day 90

- 1-15 pitches 0 days rest
- 16-35 pitches 1 day rest
- 36-55 pitches 2 days rest
- 56-74 pitches 3 days rest
- 75-90 pitches 4 days rest

- The Pitch Count is based on the number of pitches thrown in a game. This includes balls, strikes, foul balls, outs and base hits. A pitch thrown with a balk is called shall not count as a pitch.
- If a pitcher reaches the pitch count limit, at any of the five thresh holds that are established, while facing a batter, the pitcher may continue to pitch to that batter until one of the following situations occurs first 1) the batter reaches base; 2) the batter is put out; or 3) the third out is made to complete the inning. A pitch to the next batter results in the pitcher moving to the next level.
- Each team must maintain a pitch count for their team, as well as a count for the opponent. Pitch counts will be confirmed after each half-inning. If there is a discrepancy it shall be reported to the umpire. The records of the home team shall be used as the official record. At the varsity level it is recommended that the person keeping the pitch count be an adult.
- The pitch count rule shall be in effect for all levels (varsity, j.v., freshman/1st team)
- At the conclusion of the game each head coach will sign the MPA Pitching Chart Form. Each school must retain a copy of the Pitch Chart Form and make it available to the MPA upon request. Violation of the Pitch Count Rule shall constitute the use of an ineligible player and will result in forfeiture of the game.
- It is recommended that an athlete avoid playing catcher while not pitching.
- Doubleheader Rule:
 - A pitcher must follow the pitch count rule that is in effect for that day, allowing them to throw up to 110 pitches total between the games.
 - Coaches must be aware that when there is significant time between pitching assignments (weather delay, multiple games in a day, etc.) that a pitcher returning to the mound must have sufficient warm-up and that they must be aware of arm fatigue.
- To access a copy of the Pitching Verification Form, click the button on the Baseball page, next to the bulletin button.
- To access a copy of the Pitch Count Tracking Form click the button on the Baseball page, next to the bulletin.

NOTES: If a game is terminated before becoming an official game, the pitching rule shall remain in effect.

7. A five-inning game (4 1/2 if home team is ahead) shall be an official game in all post-season play.

8. It is mandatory that each home baseball team have an "L" shaped screen for both teams to use.
9. Throughout the season, helmets must be worn during warm-up (batting practice) prior to all contests. (This is a major liability issue)
10. Catchers' masks which are not hockey style must have an attached throat protector.
11. Coaches must wear a helmet to be on the field. A hard baseball helmet is required; no-flap, single flap, and double flap helmets are permitted, while "skullies" and cap inserts are not permitted. If at all possible the helmet should be NOCSAE approved.
12. At the sub-varsity (junior varsity, freshman, first team) the following rule modifications will be allowed:
 - If a coach chooses he/she may elect to use an extra hitter in their batting line-up.
 - If a coach chooses he/she may elect to use a continuous batting order.
 - Teams may not bat out of order and all batting order changes must be reported to the home plate umpire.
 - Coaches may still have the option of using only nine batters in their line-up.
 - Defensively, teams may choose to freely substitute players from the bench to the field. These changes would not need to be reported to the home plate umpire and the reentry rule would not apply.
 - Teams must adhere to the MPA Pitching Rules that are in place.

These modifications allow coaches at the sub-varsity level the flexibility to maximize playing time while limiting time on the bench.

SPORTSMANSHIP

1. Profanity/vulgarity of any kind will not be tolerated. Coaches, umpires, and school administrators are asked to address violators.
2. Any team personnel who leave the bench during an altercation will be ejected for unsportsmanlike behavior and the player will be ejected for the remainder of that game and the next regularly scheduled game.
3. Fighting, instigating, or retaliatory actions (i.e.: charging the mound, throwing a bat, etc.) will be considered unsportsmanlike behavior resulting in ejection for the remainder of the game and the next regularly scheduled game.
4. Game Disqualification Policy/Ejection Rule -- In all team and individual sports, ejection or disqualification from a game for unsportsmanlike behavior of any form, by a coach or a player, shall result in the suspension of that player or coach

from that game, and the next countable, regularly scheduled, or postponed game at that level. This rule applies to a game suspended before completion as well as a completed contest, including the postgame. This penalty may not be served by sitting out an exhibition, sub-varsity, or other competition. This policy will not prevent standing committees from imposing more restrictive disciplinary action.

Prior to their return to the sideline any coach ejected from a game must complete the NFHS *"Teaching and Modeling Behavior"* video that is available at the NFHS website (www.nfhslearn.com).

Once an ejection of team personnel occurs, and the head coach has been notified, the ejected person becomes the responsibility of the head coach. Any further unsporting behavior by the ejected person will result in the ejection of the head coach.

A suspended coach may not be present at the game site. Not being physically present at the site means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands, or site area before, during, or after the game/meet.

Any coach or player ejected from the last game, meet, or contest of a sports season shall serve a one game suspension in the opening countable game, meet, or contest in the next varsity sport in which he/she participates. The player/coach may participate fully in the preseason prior to serving the one game suspension.

5. A coach who intentionally strikes, shoves, kicks, or makes other physical contact with an official before, during, or after an interscholastic contest, as determined by the school, shall be disqualified immediately and his/her coach's eligibility will be suspended for one full year. At the end of the suspension, the coach may request the reinstatement of his/her eligibility. At this time, the Interscholastic Executive Committee will place the request on their next meeting agenda, at which meeting the coach and principal must attend. The Interscholastic Executive Committee will make the determination whether or not to reinstate the coach's eligibility.

Any member of a team who intentionally strikes, shoves, kicks, or makes other physical contact with an official before, during, or after an interscholastic contest, as determined by the school, shall be disqualified immediately and shall be ineligible to participate in all sports for one full year. NOTE: Member of a team includes player, manager, score keepers, timers, and statisticians.

SPORTSMANSHIP AWARD

The Baseball Committee is committed to promoting and recognizing outstanding sportsmanship during the regular season and throughout the tournament. Good sportsmanship is conduct which imposes a type of self-control involving honest rivalry, courteous relations among the players, coaches, and officials, and graceful acceptance of results. In order to make the sportsmanship banner selection process meaningful the

committee asks that coaches and athletes from all levels of the program be involved in the voting process.

Areas to be considered:

- A. Neat attire by players, coaches, and managers.
- B. Players supporting one another on the field/court/ice and from the bench.
- C. No acts of unnecessary roughness/taunting.
- D. No inappropriate gestures, language, or expressions.
- E. Players using appropriate and positive communication to their coach.
- A. Players and coaches treating officials with respect—no inappropriate gestures, language, or expressions.
- G. Positive community involvement.

Sportsmanship banners will be presented in all classes in both the North and South division.

Sportsmanship voting will take place at the conclusion of the season using the on-line sportsmanship voting link provided on the MPA website. Any school that receives an ejection, at any level in the program, shall be ineligible for the award. Schools that do not submit a sportsmanship ballot may not be considered for the award.

TOURNAMENT SELECTION

The seeding for the tournament will be determined by using the Heal Point System. Athletic Directors are responsible for the reporting of home games ASAP following the game's completion. Coaches/athletic administrators are asked to enter results through the link on the MPA website. Please report all rescheduled games to the site.

The maximum number of countable games is 16. Each school's Heal Point divisor will range from a minimum of 12 to a maximum of 16, depending on the number of games scheduled. A team may play up to three countable games (maximum) with each opponent.

Scheduled five-inning games will not count toward tournament selection.

Schools must reschedule a postponed game on the next mutually open date (including Saturday) regardless of home field advantage, pitching limitation, etc. Postponements may be made only for weather, field conditions, death of a player, parent, or school member, or other reason deemed appropriate by the committee chair. If a team does not show for a scheduled contest, after an appropriate waiting period, the official may declare that no game will be held and participants may go home. They may not declare the game forfeiture. In the case of disagreement between schools, a date will be set by the Baseball Committee Chairperson. **SCHOOLS MAY NOT RESCHEDULE GAMES INTO THE LAST WEEK OF THE SEASON WITHOUT THE PERMISSION OF THE CHAIRPERSON.** Schools/leagues may schedule NO MORE THAN ONE GAME between May 29th through June 1st.

In case of a mathematical tie for the last qualifying position in the final Heal Point standings, ties will be resolved (for play-off bracket position) by looking first at head-to-

head competition results. If the tie remains unresolved, a play-in game will be held with the home team being determined by a flip of the coin. The Committee recognizes that graduation programs and year-end schedules may conflict with scheduled regional games and, therefore, recognizes the need for changes of dates. With the Committee Chairperson's approval, preliminary, quarter-final, or semi-final games may be played one day earlier, but may not be played later than scheduled. The pitching rule is in effect for the day the game is originally scheduled even if it is played early. (Exception: A pitcher may not gain eligibility by moving a game a day earlier.)

MPA SPORTSMANSHIP/SPECTATOR TOURNAMENT EXPECTATIONS

- Bare-chested individuals, shakers, signs, or placards on sticks or other devices designed to support the shaker, sign, or placard are not allowed. Banners may not obstruct spectators viewing of the contest.
- Horns, musical instruments, or noisemakers of any kind are not allowed.
- Anyone throwing objects on the playing field will be removed immediately from the field.
- Mascots or other individuals are not allowed on the playing field.

REGIONAL TOURNAMENTS (Preliminary/Quarter-Final/Semi-Final Games)

1. Preliminary/Quarter-Final/Semi-Final games are held at the site of the higher seeded team. The home team is responsible for all expenses incurred. Admission may be charged and used to defray expenses. Concessions shall be at the discretion of the host school.
2. Condition of the playing field must be acceptable in terms of playability and safety or the game site will be changed by a Baseball Committee representative upon complaint to the Chairman of that Committee.
3. The time of all regional tournament games is 4:00 p.m. (1 p.m. on Saturday) or at a time mutually agreeable to both schools. Night games, if mutually agreed to, are also permissible (7:00 p.m. starting time or a time mutually agreed upon by teams).
4. At least three umpires shall be hired for each regional tournament game. Regular season assigners will be used.
5. Dugout personnel are limited to the names submitted on the MPA game roster. A maximum of 25 people (to include coaches who have met eligibility standards, players, student managers, student score keepers) will be allowed to be on the bench for all tournament games. Athletic trainers need not be counted as bench personnel. The head coach is responsible for all people in the dugout and the umpire is authorized to call a game forfeit if, after adequate warning, a team does not comply. All bench personnel (including bat boy/girl) must be at least high school age. All adults sitting on the bench must be listed on the coaches' eligibility roster and must be in full uniform. Managers/score keepers do not need to be in full uniform but must be dressed appropriately.

6. It is encouraged that the principal, athletic administrator, or administrative designee be present at the tournament game and be responsible for student and/or fan behavior. Upon arrival, the school representative should communicate with the administration of the host site.
7. A pre-game warm-up schedule that includes 30 minutes hitting practice and 10 minutes fielding practice on the game field for each team shall be set by the home team. The pitcher may not be on the mound prior to the traditional warm-up tosses.
8. Baseball game balls that may be used are Wilson 1010, Rawlings R100, R01, or R100NF, Diamond D1 Pro, Baden 3B-BPRO, and BCA Worth. (The State game ball will be the Rawlings R100NF.)
9. All game baseballs must be stamped with the NFHS authenticating logo.

REGIONAL FINAL AND STATE CHAMPIONSHIP GAMES

1. A team shall not practice or play games on the MPA sites after June 9th unless it is the team's regular season home field.
2. Playoff brackets will be available on the MPA website (www.mpa.cc).
3. The home team shall occupy the third base dugout. Home teams for 2017 are: Regional Finals-High Seed. State Championships: Class A - North team; Class B - South team; Class C - North team, Class D - South team.
4. Game balls will be provided by the MPA. Baseball - Rawlings R100NF.
5. Umpire recommendations from coaches and local boards will be used to form a pool from which regional finals and state championship game assignments will be made by the Baseball Committee and their official representatives.
6. The principal, athletic administrator or principals' designee of each school in the tournament must be present at the game and is responsible for student and/or fan behavior. Upon arrival, the school representative must sign in with the committee member in charge.
7. Dugout personnel are limited to the names submitted on the MPA game roster. A maximum of 25 people (to include coaches who have met eligibility standards, players, student managers, student score keepers) will be allowed in the dugout for all tournament games. Athletic trainers need not be counted as bench personnel. The head coach is responsible for all people on the bench and the umpire is authorized to call a game forfeit if, after adequate warning, a team does not comply. All bench personnel (including bat boy/girl) must be at least high school age. All adults that are sitting on the bench must be listed on the coaches' eligibility roster and must be in full uniform. Managers/score keepers do not need to be in full uniform but must be dressed appropriately.

8. A pre-game warm-up schedule similar to the one listed for regional games will be set by the Committee and/or site director. (30-minute warm-up practice and 10-minute fielding practice for each team.) Teams may not wear t-shirts over their uniform for the awards presentation.
9. Team personnel on the game field must be in game or like uniforms during pregame practice and post game awards (shirts tucked in, unless manufactured to be worn out, hats on straight, etc.)
10. Pitchers may not warm-up on the mound prior to the game. Areas on the side will be provided.
11. A game that is called for darkness, weather conditions, or any other reason is an official game (five innings or four and one-half if the home team is ahead). If less than an official game, it shall be replayed. There will be no tie games in tournament play. Tie games must be replayed in their entirety.
12. An \$8.00 adult admission fee and a \$5.00 student and senior citizen admission will be charged. If it is necessary to postpone or replay a game due to weather, rain checks will be issued and honored at the make-up of that game.
13. A coach or player ejected from a game may not participate in the postgame awards ceremony.
14. In the event any situation not covered by the rulebook or this bulletin arises, it shall be the responsibility of the Committee, or their on-site representative, to make a decision and that decision shall be final. It is recommended that the principals, or their designees, be present and make their presence known for consultation purposes when appropriate.

REGIONAL FINAL GAMES - (TIMES 3:00 p.m. and 6:30 p.m.)

South

Classes B and D	June 13	St. Joseph's College	Standish
Classes A and C	June 14	St. Joseph's College	Standish

North

Classes B and D	June 13	Mansfield Stadium	Bangor
Class A	June 14	Morton Field	Augusta
Class C	June 14	Mansfield Stadium	Bangor

* Class A North Regional Final - If a school has both their baseball and softball teams in the regional championship games, the baseball game will start at 4:30 p.m.

** Class C North Regional Final - If a school has both their baseball and softball teams in the regional championship games, the baseball game will start at 3:00 p.m. on odd years and the softball game will start at 3:00 p.m. on even years.

STATE CHAMPIONSHIP GAMES

Date:	Class D	June 17	St. Joseph's College	1:00pm
	Class B	June 17	St. Joseph's College	4:30pm
Date:	Class A	June 17	Morton Field	2:00pm
	Class C	June 17	Mansfield Stadium	2:00pm

Baseball Regional Final & State Championship Games

ODD YEARS	EVEN YEARS
<p><u>Regional Baseball Championships- West</u> St. Joseph's College Class B Tuesday 3:00 p.m. Class D Tuesday 6:30 p.m. Class A Wednesday 3:00 p.m. Class C Wednesday 6:30 p.m.</p> <p><u>Regional Baseball Championships- East</u> Mansfield Stadium - Bangor Class B Tuesday 3:00 p.m. Class D Tuesday 6:30 p.m. Class C Wednesday 6:30 p.m.</p> <p><u>Morton Field - Augusta</u> Class A Wednesday 5:00 p.m.</p> <p><u>State Championships</u> St. Joseph's College Class D Saturday 1:00 p.m. Class B Saturday 4:30 p.m.</p> <p><u>Morton Field - Augusta</u> Class A Saturday 2:00 p.m.</p> <p><u>Mansfield Stadium - Bangor</u> Class C Saturday 2:00 p.m.</p>	<p><u>Regional Baseball Championships - West</u> St. Joseph's College Class C Tuesday 3:00 p.m. Class A Tuesday 6:30 p.m. Class D Wednesday 3:00 p.m. Class B Wednesday 6:30 p.m.</p> <p><u>Regional Baseball Championships- East</u> Morton Field - Augusta Class A Tuesday 5:00 p.m.</p> <p><u>Mansfield Stadium - Bangor</u> Class C Tuesday 6:30 p.m. Class D Wednesday 3:00 p.m. Class B Wednesday 6:30 p.m.</p> <p><u>State Championships</u> Mansfield Stadium - Bangor Class B Saturday 11:00 a.m. Class D Saturday 3:00 p.m.</p> <p><u>St. Joseph's College</u> Class A Saturday 1:00 p.m. Class C Saturday 4:30 p.m.</p>

BASEBALL CLASSIFICATION

CLASS A 665+	CLASS B 400-664	CLASS C 190-399	CLASS D 0-189
<u>NORTH</u>	<u>NORTH</u>	<u>NORTH</u>	<u>NORTH</u>
<ol style="list-style-type: none"> 1. Lewiston (1318) 2. Bangor (1169) 3. Oxford Hills (1072) 4. Edward Little (977) 5. Brunswick (821) 6. Mt. Ararat (804) 7. Messalonskee (784) 8. Skowhegan (775) 9. Mt. Blue (696) 10. Brewer (693) 11. Cony (693) 12. Hampden (691) 13. Lawrence (674) 14. Camden Hills (669) 	<ol style="list-style-type: none"> 1. Nokomis (661) 2. Gardiner (594) 3. Waterville (583) 4. Oceanside (571) 5. Erskine (554) 6. Medomak (546) 7. Presque Isle (544) 8. Belfast (530) 9. Mt. Desert (519) 10. Hermon (498) 11. Old Town (476) 12. John Bapst (470) 13. Winslow (464) 14. Foxcroft (464) 15. Ellsworth (459) 16. Mt. View (448) 17. Caribou (442) 18. Maine Central (436) 	<ol style="list-style-type: none"> 1. Washington (374) 2. Central (370) 3. Mattanawcook (348) 4. Orono (346) 5. Houlton (332) 6. George Stevens (320) 7. Dexter (314) 8. Bucksport (305) 9. Fort Kent (295) 10. Sumner (248) 11. Lee (236) 12. Limestone/MSSM (221) 13. Piscataquis (217) 14. Calais (211) 15. Narraguagus (196) 16. Penquis Valley (190) 	<ol style="list-style-type: none"> 1. Stearns (181) 2. Penobscot (172) 3. Madawaska (164) 4. Woodland (150) 5. Hodgdon (147) 6. Fort Fairfield (144) 7. Schenck (134) 8. C. Aroostook (124) 9. Washburn (124) 10. Katahdin (120) 11. S. Aroostook (117) 12. Shead (108) 13. Deer Isle-Stonington (105) 14. Wisdom (104) 15. Machias (103) 16. Ashland (88) 17. East Grand/Greater Houlton (84) 18. Bangor Christian (80) 19. Jonesport-Beals (59)
<u>SOUTH</u>	<u>SOUTH</u>	<u>SOUTH</u>	<u>SOUTH</u>
<ol style="list-style-type: none"> 1. Thornton (1422) 2. Bonny Eagle (1134) 3. Sanford (1047) 4. Scarborough (1034) 5. Massabesic (1019) 6. Windham (1005) 7. Deering (927) 8. Portland (868) 9. South Portland (846) 10. Noble (842) 11. Gorham (838) 12. Biddeford (775) 13. Marshwood (739) 14. Westbrook (16) (722) 15. Falmouth (710) 16. Kennebunk (673) 17. Cheverus (465) 	<ol style="list-style-type: none"> 1. Greely (664) 2. York (625) 3. Leavitt (613) 4. Morse (586) 5. Fryeburg (559) 6. Cape Elizabeth (555) 7. Lake Region (524) 8. Freeport (511) 9. Poland (502) 10. Yarmouth (496) 11. Gray-NG (495) 12. Lincoln (473) 13. Spruce Mountain (465) 14. Wells (449) 15. Oak Hill (433) 16. Maranacook (421) 17. Mountain Valley (418) 18. Carrabec/Madison (414) 	<ol style="list-style-type: none"> 1. Lisbon (384) 2. Sacopee Valley (379) 3. Dirigo (314) 4. Hall-Dale (303) 5. Traip (263) 6. Waynefleete (260) 7. Mt. Abram (247) 8. Telstar (236) 9. Winthrop (227) 10. Old Orchard (225) 11. Monmouth (214) 12. Boothbay (206) 13. St. Dominic (197) 	<ol style="list-style-type: none"> 1. North Yarmouth (167) 2. Searsport (164) 3. Buckfield (163) 4. Richmond (142) 5. Valley (71) 6. Greenville (67) 7. Vinalhaven (65) 8. Forest Hills (61) 9. Temple (55) 10. Rangeley (47) 11. Highview (25)