

MPA Baseball Bulletin 2014  
Baseball Season

3/24 Pitchers/Catchers, 8 @ 2, Same 10

\*This is for conditioning and development of the pitchers arm. It is not for pickoffs, covering bases, etc.

Mandatory Clinics: Feb 27 and March 5 at Gorham and 6:00

Weather Conditions: With the sight or sound of thunder/lightning umpires will suspend the game for a minimum of 30 mins. From the last sight/sound.

\*Players should not be on the playing field.

\*All games not played need to be scheduled at the next playable date, including Saturdays

Bona Fide Team Rule: Is in effect for baseball.

Ten Run Rule:

Varsity: 4&1/2 or 5 innings and coaches may waive, if agreed at home plate.

Sub varsity: 5&1/2 or 6 and coaches may not waive the rule.

Pitching Rule:

- 1 pitch is one inning

- 1 inning or less no restrictions

- 1+ to 3 innings: 1 day of rest

- 3+ innings: 3 days rest

- Pitchers may pitch in 10 innings in one game but not 10+

- If a team has two games in one day pitchers may throw 3 innings in each game.

- This rule is in effect for frosh to jv , jv to varsity games, pre and post-season games.

Sportsmanship: Profanity, leaving the bench during a fight, fighting, taunting are all ejectable offenses.

Neoprene sleeves: They may not show at all. It must be covered with a long sleeve shirt that covers both arms to meet the pitchers sleeve rule stating both sleeves must be the same length and may not be white or gray. It must be one solid color with no logos/markings on them.

Baseballs: Must be NFHS approved and marked so.

Baseball Rules Changes  
2014

Rule; 6-1 3: Pivot foot in set position. Gorilla stance not legal.

Pivot foot must be parallel, on, or in front of rubber. Non-pivot foot must be entirely in front of rubber.

Penalty: Illegal pitch, balk.

Rule; 7-3-5c: Batters backswing interference.

The batter is now responsible for his backswing on all swings. Any contact with the catcher is interference, intent is not a factor.

Penalty: Batters interference, batter is out, runners return. If batter is out on strike 3 the runner advancing is out also.

Neoprene sleeves; Pitchers undershirts must be the same length sleeves therefore if pitchers are wearing a neoprene sleeve it must be covered with a undershirt that both covers the sleeve and covers the other arm meeting the legal same length rule.

It must be one color and neither white nor gray.

Penalty; It may not be worn as a pitcher. Umpires should notice this before the pitcher makes a pitch with this illegal piece of equipment. Warn the coach it must come off then eject coach if he does not have player take it off.